# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.-BHUPATINAGAR, Dist.-PURBA MEDINIPUR, PIN.-721425, WEST BENGAL, INDIA NAAC Re-Accredited B+Level Govt. aided College CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in







ON

# NATIONAL SPORTS DAY 2023

(Theme: "Sports as an enabler for an inclusive and fit society")

## **Observed By**

NSS Units, Department of Physical Education, Mugberia Gangadhar Mahavidyalaya in association with Mugberia Gram Panchayat

At Bhupatinagar Adopted Village Madhakhali, Bhupatinagar, Purba Medinipur.

> Date: 29<sup>th</sup> August, 2023

# 2<sup>nd</sup> September, 2023

## **Members Presents**

| 1. Principal                  | : Dr. Swapan Kumar Misra |
|-------------------------------|--------------------------|
| 2. TCS                        | : Dr. Bidhan Samanta     |
| 3. IQAC Coordinator           | : Dr. Prasenjit Ghosh    |
| 4. NAAC Coordinator           | : Dr. Kalipada Maity     |
| 5. Head, Department of P.E.   | : Dr. Debasish Roy       |
| 6. Programme Officer Unit-I   | : Dr. Pintu Roychowdhury |
| 7. Programme Officer Unit-II  | : Dr. Biswajit Garai     |
| 8. Programme Officer Unit-III | : Prof. Pritam Khatam    |

A short meeting was held on 26<sup>th</sup> August, 2023, at 3 pm at Principal chamber regarding observe **"International Sports Day"** on 29<sup>th</sup> August, 2023 organized by Department of Physical Education, NSS Units in association with Mugberia Gram Panchayat at Bhupatinagar, Madhakhali, Bhupatinagar, Purba Medinipur. All the teachers of the committee and the Principal of the college were present in the said meeting. It was chaired by the Principal of the college.

Following decisions were taken in the meeting:

- It is decided that "International Sports Day" observe by Department of Physical Education, NSS Units in association with Mugberia Gram Panchayat on 29<sup>th</sup> August, 2023.
- It is decided that the following programme i.e., rally, inter school quiz competition an exhibition football match will be held throughout the day.
- Head, Department of Physical Education and all NSS Programme Offices are coordinating this programme.
- ✤ Rs. 30/- are allotted for refreshment purpose.

The meeting comes to an end with a vote of thanks.

## NOTICE



MUGBERIA GANGADHAR MAHAVIDYALAYA

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Ref. No.-MGM/NSS/ 069 /2023-2024

Date:-26/08/2023

### Notice

This is to notify that the NSS Units and Department of Physical Education is going to observed National Sports Day 2023 in association with Mugberia Gram Panchayat on 29<sup>th</sup> August, 2023 at Bhupatinagar adopted village and college premises. All students, Faculty members and administrative staff are requested to attend the said programme.



Dr. Swapan Kumar Misra Principal Mugberia Gangadhar Mahavidyalaya

> Principal Mugheria Gangadhar Mahavidyalaya

F.No P.24/NSS/DTE/2023 **1982-1033** Government of India Ministry of Youth Affairs and Sports Directorate of National Service Scheme Shivaji Stadium, New Delhi-110001

Date: 18.08.2023

All Regional Directors, Regional Directorates of NSS State NSS Officers, All States/ UTs

### Subject:- Celebration of National Sports Day on 29th August, 2023- reg.

Reference: D.O. No. 20-4/SAI/FITINDIA/2023 dated 11th August, 2023 by Secretary Sports

Sir/ Madam,

То

I am to refer to the subject and to inform you that the National Sports Day is being celebrated every year on 29<sup>th</sup> August, the birthday of the Hockey legend Major Dhyan Chand. In 2019, the National Sports Day saw a grand launch of the Fit India Mission by the Hon'ble Prime Minister of India to inculcate the culture of sports and fitness in the country.

In this regard, the <u>Standard Operation Procedure</u> received from the Department of Sports is enclosed for organizing sporting fitness on any one day between 21<sup>st</sup> August to 29<sup>th</sup> August, 2023.

The <u>Fit India Pledge</u> is also enclosed to administer at all NSS Units in the Institutions and also NSS Programme Officers are encouraged to register their sporting fitness on Fit India Portal (<u>https://fitindia.gov.in/</u>) and upload photos and videos.

It is also requested to give wide publicity in Social Media as well as Print and Visual Media under your Jurisdiction.

Kindly, see the attached (SoP) Standard Operation Procedure to celebrate National Sports Day and organize sporting fitness events in all Institutions on 29<sup>th</sup> August, 2023 without fail.

Yours faithfully,

(Dr. C. Samuel Chelliah)

Copy to:

1. Director, NSS, Ministry of Youth Affairs and Sports

2. Under Secretary, NSS Section, Ministry of Youth Affairs and Sports

Encl: 1. SOP FOR NATIONAL SPORTS DAY (NSD) 2023 CELEBRATIONS 2. FIT INDIA PLEDGE



आज्वार्ट

भारत सरकार खेल विमाग मृत महोत्सव युवा कार्यक्रम और खेल मंत्रालय Government of India Department of Sports Ministry of Youth Affairs & Sports

D.O. No.: 20-4/SAI/FITINDIA/2023 Dear Meeta,

सजाता चतुर्वेदी, भा.प्र.से

Sujata Chaturvedi, IAS

सचिव

Secretary

Dated: 11th August, 2023 81582 14-8-23

I am writing to you with reference to the National Sports Day which is celebrated every year on 29th August, the birthday of the Hockey legend Major Dhyan Chand, to commemorate India's deep-rooted tradition of Sports. We celebrate the National Sports Day by honouring nation's sports icons for their contribution and dedication towards bringing laurels to the country on the international stage. The National Sports Day in 2019 saw the grand launch of the Fit India Mission by the Hon'ble Prime Minister, which has led a mass movement to inculcate the culture of sports and fitness in the country.

With this background, it is proposed to celebrate the National Sports Day 2023 2. during the week beginning 21st August, 2023 to 29th August, 2023 with pan-India sports events and engagement activities for people of various age groups and from all walks of life. The theme for this year celebration is "Sports as an enabler for an inclusive and fit society". The power and influence of sports to instil positivity and harmony in society is universally acknowledged and it is with the same spirit that this day is being celebrated.

May I request your support in this initiative to encourage mass participation in 3. sports and fitness activities which may be organized through the various outfits under the Department of Youth Affairs, from 21st to 29th August, 2023.

A suggested SoP for the celebration is enclosed for your kind reference. The Nodal Officer for this purpose from this Ministry is Smt. Ekta Vishnoi, Mission Director, Fit India, Sports Authority of India (+91 75881 81543), who can be contacted for further details on the subject.

I shall be grateful for your support in this regard.

Best weshes,

Yours sincerely, on file pls (Sujata Chaturvedi)

Encl.: As above

Smt Meeta Rajivlochan, IAS Secretary (Youth Affairs), MYAS Shastri Bhawan, New Delhi-110001

> कमरा सं. ३, 'सी' विंग, शास्त्री भवन, नई दिल्ली–110001 दूरभाष : 011–23388623 Room No. 3, 'C' Wing, Shastri Bhawan, New Delhi-110001 Tel.: 23388623 फैक्स / Fax: 011-23388758, ई—मेल / E-mail : secy-sports@nic.in

#### SOP for National Sports Day (NSD) 2023 celebrations-

1. Organize any sporting event like athletics, contemporary sports, indigenous sports, etc. as deemed fit as per age groups on any one (01) day between 21<sup>st</sup> and 29th August 2023.

#### 2. Salient features of the event:

- Week-long celebration with the organisation being free to choose the actual day of sporting events.
- Based on groups format instead of individual players to bring spirit of bonding, unity and inclusiveness,
- Competition may be based on a team-based point system where every member of team earns points for the teams irrespective of position in competition
- · Acknowledging the local sports icons at the event in the celebrations.
- Staff to preferably come to workplace in sports attire. Sample t-shirt designs will be shared along with NSD branding.

#### 3. Standard format of the event to be:

- Each organization to be divided into two, four or six teams depending on the number of participations maintaining gender equality.
- Medal tally for each team to be maintained. Highest points team will win Major Dhyan Chand Trophy.
- Organizations are at liberty to choose games for competition from any popular sports of the locality and availability of Infrastructure.
- Name of teams can be based on freedom fighters or prominent sportspersons of the country.

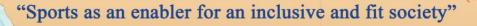
| S.No. | Outdoor Activities               | Indoor Activities | Fun Activities           |
|-------|----------------------------------|-------------------|--------------------------|
| 1     | Walk/Race                        | Badminton         | Lemon Race/ Sack<br>Race |
| 2     | Volleyball                       | Chess             | Rope Jumping             |
| 3     | Hockey (Penalty<br>Shootout)     | Basketball (3v3)  | Kho-Kho                  |
| 4     | Futsal/Mini Football<br>(3 vs 3) | Table Tennis      | Lagori & Langadi         |
| 5     | Tennis Ball Cricket              | Tug of War        | Plank Challenge          |

The list of suggested competitive and fun games is-

\*Office will be at liberty to choose games for competition from any popular sports of the locality and availability of Infrastructure.

4. <u>Fit India pledge</u>: All the stakeholders may be asked to organise a FIT India Fitness pledge event where organisations may take the FIT India Fitness pledge.

Banner



## **Department of Physical Education** Mugberia Gangadhar Mahavidyalaya Bhupatinagar :: Purba Medinipur



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**NATIONAL SPORTS DAY** 

29th Aug 2023

Join Us for a Week-Long Celebration from August 21<sup>st</sup> to August 29<sup>th</sup>

#NationalSportsDay



Observed by: NSS Units in collaboration with Dept. Of Physical Education, Mugberia Gangadhar Mahavidyalaya, Purba Medinipur, W.B.



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## **National Sports Day 2023**

India celebrates National Sports Day on August 29, the birth anniversary of hockey hero Major Dhyan Chand. In 2012, the day was declared India's National Sports Day. Major Dhyan Chand was a legend in Indian and international hockey. With victories at the Summer Olympics in 1928, 1932, and 1936, he was instrumental in helping India complete their first hat-trick of Olympic gold medals. Dhyan was so dedicated to his art that he used to practice hockey at night after his regular daytime tasks were over, earning him the nickname Dhyan 'Chand.'



## Inauguration of the National Sports Day





Long 87.729255° 29/08/23 07:30 AM GMT +05:30

Google









## Inter School Quiz Competition: Total eight school took part in this competition.































## EXHIBITION FOOTBALL MATCH BETWEEN PRIENCIPAL XI AND TEACHERS COUNCIL XI



"Sports has great importance in Education" - Gurudev Rabindranath Tagore

Courtesy by: Department of Physical Education













## **Twitter Post and Link**



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## NSS Mugberia Gangadhar Mahavidyalaya Unit-II

@Mugberiaunit\_II

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Swapan kumar Misra and 5 others





NSS Mugberia Gangadhar Maha... • 1d #NATIONALSPORTSDAY2023. 5 km Riley from College to Bhupatinagar Bazer area. Observed by NSS Units in Collaboration with Department of Physical Education, Mugberia Gangadhar Mahavidyalaya, Bhupatinagar, Purba Medinipur, W.B.@rdnss\_kolkata @\_NSSIndia

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### **News Paper Publication**







Soni 1002 2.09.2023

Principal Mugberia Gangadhar Mahavidyalaya